

Brindabella 100 2013 Run Report

The Brindabella 100 again had a small field this year. Just 4 starters for the 100km and Kerrie who ran a couple of different sections of the course.

Saturday dawned cloudy and chilly, but not overly so. The runners set off into the brightening gloom to once again test their endurance over very hilly terrain. A new entrant this year, Steve from Canberra appeared to be set for a good outing.

Again I did not really know what was going on until David who was manning the check point at Orroral Valley (31.1km 1511m ascent 1193m descent) sent me the times for when all the runners passed through. Martin as per usual flew through with the remainder of the field 50 minutes to nearly 2 hours behind him.

I had driven up to Mt Franklin car park (could not drive any further due to road closure) to then go to Pryor's Hut to position water. The air temperature was quite cool and with the wind effect (southerly) it was nearly zero degrees. After placing the water the sun came out and warmed up quite a bit.

The Mt Franklin check point was 'womaned' by Peta and Belinda who set up tables and chairs, drop bags and water, so that any runner was well catered for on arrival.

As expected Martin appeared with clockwork like predictability, essentially the same time as last year. And he still moaned like last year about the 3 hours of climbing from the Cotter River. I dearly wish I could complain in the same manner with his amazing ability...! Martin was efficient at the check point and exited down Mt Franklin Road within two minutes of arrival.

About 2 hours and 20 minutes later Steve arrived at the Mt Franklin checkpoint. I had received word that checkpoints are dangerous places for Steve as he tends to enjoy hanging around in them... But he seemed efficient enough on this occasion and departed about 10 minutes later with his running helper Michael.

I had driven back to Bulls Head to see Martin cross the finish line at 1730:30, a time of 10:58:30, under 11 hours! Martin was 17 and a half minutes quicker than 2012, a time he attributes to the cool running conditions.

Peter and Arnulf arrived at Mt Franklin car park at 1930 and 2150 respectively. Both were in good spirits and continued on to both finish the 100km at Bulls Head. Steve meanwhile had finished 2hr 53mins behind Martin, an excellent result.

Thanks must go to David, Peta and Belinda for managing drop bags at check points so that runners had a more satisfying experience. It goes without saying that without their help the run would have logistically suffered (and their encouragement!)

No runner made an attempt at the 100 mile distance. Hopefully someone will have a crack at it in 2014! ***Pen it in....***

1 Feb 2014



We Want YOU!

Taz, WDW
brindabella100.com

Runner's Times

0602 departure Namadgi Visitors car park

Martin F, Steve A, Peter M, Arnulf R, Kerrie B

CP4 Orroral Valley 31.1km

Martin 0937
Steve 1029
Arnulf 1118
Peter 1131
Kerrie 1131 (stopped here)

CP Mt Franklin Carpark ~79.4km (Mt Ginini car park closed due road works)

Martin 1526
Steve 1748
Peter 1930
Arnulf 2048

CP10 Bulls Head 97.1km

Martin 1700:30 (10:58:30) *100km run record*
Steve 1953:34 (13:51:34)
Peter 2150 (15:48:00)
Kerrie 2150 (ran from Mt Franklin car park, departed approx. 1932)
Arnulf 0029 (18:27:00)

Photos at [Picasa](#)